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Miscellaneous

- 1. डॉ. भवानी सिंह को बीसवें अखिल भारतीय हिन्दी साहित्य सम्मेलन के अवसर पर अक्तूबर 2012 में शोध-सन्दर्भ भूषण सम्मान प्रदान किया गया इसका आयोजन राष्ट्रभाषा स्वाभिमान न्यास एवं USM पत्रिका गाजियाबाद ने किया।
- 2. डॉ. भवानी सिंह को द बुस्ट, बहुविषयक मासिक राष्ट्रीय पत्रिका, (सोलन: बूस्ट मीडिया प्राईवेट लिमिटेड) ने संपादक नियुक्त किया वे न्यू ब्राइट स्टार, समाचार पत्र एवं राष्ट्रीय पत्रिका, फरीदाबाद हरियाणा के संपादकीय सलाहकार भी हैं।
- 3-Dr. Sanjeev Sharma was involved in organizing the cultural activities during the University's Foundation

Student's Corner

Discussion Forum

With the aim of developing interpersonal and communication skills among the MBA students, the Institute started a Discussion Forum for the students. The concept of Group Discussion is a part of the regular academic curriculum. In order to smoothly run the activities of this forum, Dr. Randhir Ranta, Course Coordinator, divided the class into six groups. These groups are named as *Kiran* of Himalaya, Pragati, Unnati, Jagriti, Jigyasa and *Utkarsh*. This forum organized number of activities, including presentations and debates

Exposure visit to Sukori **Panchayat**

On 2nd October, 2013, Institute in collaboration with State Institute for Rural Development (SIRD) Shimla organized an exposure visit for the MBA (Rural Development) students in Gram Panchayat Sukori located in Kandaghat block of district Solan. The main objective of the visit was to familiarize the students with the process of *Gram Sabha* meeting and convey them about the significance of gram sabha for rural masses. The students actively participated in this meeting.

MBA Students Visited SIRD The students of MBA (RD) visited State Institute of Rural

Development (SIRD) on 15th October, 2013. The purpose of the visit was to provide a practical experience of SIRD working. Sh. Anupam Kashyap, Additional Director, SIRD, interacted with the students. Sh. Kashyap stressed on the need of having a well-defined future vision for working in rural areas. He further elaborated that rural development is a multidimensional field which requires a complete knowledge of rural and dedicated attitude to work for the

Teacher's Day Celebrations

Teachers' Day, which is celebrated to mark the birth anniversary of former President of India Sarvepalli Radhakrishnan, was celebrated with gaiety in the Institute. Prof. A.D.N. Bajpai, Vice-Chancellor, HPU, was the Chief Guest of function. He addressed the students on the occasion. "Teachers help in guiding and molding the students to become the future citizens of the country," he said. He guided them to concentrate on their career with a focused vision. The students entertained their teachers and acknowledged their contributions

Other Achievements

- Institute is proud to acknowledge the achievements of MFA students, who have been recognized at state level. Students of MFA participated in Youth festival in the month of September, 2013 and brought laurels to the Institute. Mr. Devinder Sharma got first prize and Mr. Baldev got second prize in on the spot painting/ poster making competition. Savita Sharma got third prize in Photography. Mr. Devinder Sharma received first prize in painting competition on the theme fashion organized at Kali Bari, Shimla
- Students of other courses also continued the tradition of intense involvement in academic activities. Students of M. Sc. made presentations during the classroom seminars organized every Saturday. These students participated in one day seminar organized by Himalayan Forest Research Institute (HFRI) on the occasion of Himalayan Day. The theme for this vear's Himalavan Dav was "SAVE HIMALAYAS SAVE SELF".



Prof. Jagbir Singh Kirti delivering the keynote address during the National Seminar on Biodiversity



Dr. Amitranjan Basu giving lecture to MBA Students on Team Work



Dr. Bhawani Singh being honoured at



Sh. Mukesh Agnihotri & Prof. A.D.N. Bajpai during the National Seminar on Environmental Geo-Hazards

IBA Students attending lecture at SIRD



Students of M.Sc. (ES) honouring the Director on the occasion of Teacher's Day



on the occasion of Teacher's Day





Institute of Integrated Himalayan Studies (UGC Centre of Excellence)

IIHS BULLETIN

Vol.5, No. 1,

October, 2013

Special Edition

Quotable Quotes

"Education is not the filling of a pail, but the lighting of a fire." Wiliam Butler Yeats

"Education is simply the soul of a society as it passes from one generation to another." G. K. Chesterson

"Live as if you were to die tomorrow. Learn as if you were to live forever."

Mahatma Gandhi

Virbhadra Singh



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Message



am very happy to know that Institute of Integrated Himalayan Studies, Himachal Pradesh University is going to publish the next issue of its ▲ Newsletter in the month of October, 2013. I extend my heartiest felicitations to the faculty members and students on this occasion.

Institute is known for its quality research and extension programmes and I am hopeful that initiative of starting innovative academic programs will surely go a long way in benefitting students. I expect that Institute attains a distinction in the field of higher education. The Institute has been making valuable contributions for Himalayan people in diverse areas ranging from biological to socio-cultural and physical to socio-economic. I believe that the Newsletter will provide a platform to the budding students & writers to exhibit their talents. It would also provide readers the latest information regarding the academic and research activities of the Institute.

I hope that this issue of Newsletter would prove beneficial to the academic community. My best wishes for the successful publication of the Newsletter.



Virbhadra Singh Chief Minister

Vice-Chancellor's Message



he Institute of Himalayan Studies is serving the people in the Himalayan region through ▲ its comprehensive research, academic programmes and extension activities. It gives positive impression of highest academic & research excellence. It is a matter of great pride that from the current session it has started new courses, i.e., Masters in Fine Arts (Pahari Miniature Painting), MBA (Rural Development) and M. Sc. (Environmental Sciences) which will enable the students to achieve profession distinction in their chosen fields. The congenial atmosphere of the

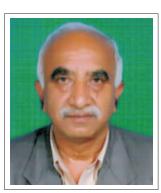
Institute will not only enable the students to acquire knowledge and skills but will familiarize them to meet the challenges of contemporary world. This is an all-inclusive institution, which infers the need for outstanding teaching and research. But, for attaining strength and intensity, these must be grounded in a dynamic academic culture. We aspire to create a physical environment that supports teaching, learning and research. The Institute has, for more than a decade, been devoted to its mission to foster research which can contribute to society. Our challenge for the future is to build on this strong base to establish ourselves confidently among the top Institutions

I feel delighted in revealing that the students who have taken admission in the new courses are doing very well in their academic and well as extra-curricular sphere. I hope that their conscientiousness brings them much success all through their lives.

My good wishes for bringing out the Newsletter.

Prof. A.D.N. Bajpai Vice-Chancellor, Himachal Pradesh University

From Director's Desk



nstitute was born about eleven years ago out of the deep rooted concerns of University's 🚣 academic community for preserving the legacy of Mighty Himalayas. Hope that was seeded in the year 2002 has grown up as a full blooming tree.

The publication of a Newsletter is a major milestone in the progress and development of any Institution. It opens a window of opportunity to many who will know that as an institution, we are intended to a bright future. It ignites pleasure and contentment in me to confirm about the great stride attained by the Institute in the short period of

its existence. Starting of innovative programmes from the current academic session has added a feather in the Cap of the Institute. We are building a future full of positivity and zeal, a future where every venture will flourish and cynicism will be something of the past. The Institute boosts of highly meticulous, wellorganised and skilled faculty. Though the Institute has soared new heights, a lot more is yet to be realised. Innovative concepts are to be put in place to apprehend the envisioned standards.

Rajinder Singh Chauhan Director, IIHS, HPU, Shimla

Director's Profile

Prof. Rajinder Singh Chauhan is a renowned academician, with outstanding academic and administrative expertise. He is also the Dean of Collegecum-Director, College Development Council. His area of specialization and expertise is Political Science. He has illustrious academic background and is associated with number of academic bodies of repute at National & International level. He has had the rare opportunity of being the member of Commission for Scientific Technological Terminology Committee, HRD ministry. Prof. Chauhan is the member of Financial Committee of Himachal Pradesh University, Shimla. He has undertaken number of research studies. He has completed eight research projects, authored three books, published, contributed & presented number of Research Papers. Prof. Chauhan has guided fifteen PhD and Sixty Six M. Phil. students.

Milestones achieved in the last eleven years....

- University Grants Commission (UGC) selected Himachal Pradesh University as University with Potential for Excellence in Himalayan Studies
- Executive Council of the Himachal Pradesh University established, the Institute of Integrated Himalayan Studies (IIHS), in the
- Institute of Integrated Himalayan Studies is the only Multidisciplinary Institute in the state
- Institute is playing a vital role in documenting, fostering, nurturing and improving various academic, research and development programmes based on its mandate.
- Institute is acting as a hub of academic and research activities and rendering its services to all the stakeholders
- Institute is focusing at Natural Resource Management and Socio-Cultural and Economic Dimensions of Himachal Himalayas which are of prime importance for the state
- Institute is undertaking research which can help the state government in formulating and executing appropriate plans for the inclusive development of the state
- Institute has been acclaimed at national and international level for its research, academic and extension activities
- Faculty from different fields are working in the Institute and providing expertise under one roof • Institute is one of its type in the state its

- recognition, permanence and continued existence can prove to be a boon for governmental and non-governmental agencies and people of state
- Institute has widened opportunity for higher education by starting new academic programmes. Started Four PG Level Academic Programs and seven New Courses are in pipeline
- Undertaking research helping in formulating and executing appropriate plans for the inclusive development of the state
- Completed more than 120 major research • Completed more than 60 status reports
- Compiled 17 databases
- Bringing out Himalayan Studies Journal • Organized more than thirty five expert lectures, twelve workshops, seven seminars, three
- conferences, three exhibitions • Institute started *Himalayan Study Circle* having members from different sections of the community to encourage the exchange of views on a common platform
- Institute is rendering its consultancy expertise to various governmental and non-governmental organizations
- Institute established linkages with international and national agencies for carrying out various evaluation/ impact studies, research and extension activities
- Foreign Collaborations: Altai State Technical

University, Altai State Agrarian University, EARTHWATCH Institute, Uppsala University, Sweden, International Roerich Memorial Trust

- IIHS is a monitoring agency for Council for Advancement of People's Action and Rural Technology (CAPART)
- Institute has its own website www.himalayanstudies.com covering information on its activities, accomplishments and future

Research Areas Identified for Future

- Natural Resource & Watershed
- Sustainable Tourism in Himachal Himalaya
- Socio-economic & Political Systems
- History, Culture and Religion • Governance for Sustainable Development in
- Rural Development
- Socio-economic and Cultural Aspects • Indigenous Technical Knowledge (ITK) for
- Sustainable Livelihood • Climate Change Disaster Management and

Coping Strategies

Acheivements of the Institute during the year 2012-13

Seminars/ Conferences/ Workshops

National Seminar on **Environmental Geo-Hazards**

A National Seminar on "Environmental Geo-Hazards in Himachal Pradesh: Sharing Experiences and Technological Solutions" was organized by Institute in collaboration with Karori Mal College, Delhi University on 2nd February, 2013. The Seminar was inaugurated by Shri Mukesh Agnihotri, Hon'ble Minister Industry. Prof. A.D.N. Bajpai, Hon'ble Vice-Chancellor, Himachal Pradesh University, presided over the inaugural ceremony and delivered a special address in this session. The Seminar focused at natural disasters and mitigation strategies. In addition to the inaugural Session, there were two Technical Sessions followed by a panel discussion and the eminent speakers from the field of environment shared their experiences on the theme.

National Seminar on Biodiversity, Green Economy and Sustainable Mountain Development

Institute organized a National Seminar on "Biodiversity, Green Economy and Sustainable Mountain Development" on 22nd September, 2012. Prof. A.D.N. Bajpai, Hon'ble Vice-Chancellor, Himachal Pradesh University, inaugurated the seminar. Prof. Jagbir Singh Kirti, Punjabi University, Patiala delivered the keynote address. He talked on the conservation ethics concealed in the mythological texts and cited instances from Sukhmani Sahib.

Prof. Bajpai enlightened the audiences with his thought provoking speech supported with verses and examples from *Ishavasa* upnishada and other Vedic texts. The experts recommended that in order to face the environmental challenges, the Institute must bridge the knowledge gap involving academia and other relevant institutions. During all technical sessions, the participants stressed that safeguarding biodiversity is a global responsibility as its loss will have global impact. Everyone concurred that mountains are global natural assets and support about half of global population by providing water, energy, biodiversity, food, and other ecosystem goods and services, as well as cultural diversity and traditional knowledge. A clear message that emerged from the seminar was that mountains are vital for addressing global environmental challenges and

Expert Lecture on the Himalayan Culture & Spirituality

promoting green economy and

sustainable development.

Institute revitalized the activities of Himalayan Study Circle and organized a special lecture of Prof. A.D.N. Bajpai, Vice-Chancellor in September 2012. Prof. Bajpai spoke on Himalayan Culture & Spirituality. He emphasized the need for assessing the potential inherent in man for shift oriented change. The Himalayas and spirituality are synonyms. Spirituality is concomitant with the understanding of continuity and not confined to temples and holy places. Spirituality embraces the feeling of perpetuity, universality and completeness and all these are the distinctive features of Himalayan culture. Besides acting as a geographical barrier, the Himalayas play a vital role in influencing the climate of the

whole region, shaping the culture, traditions and beliefs of people. Dr. V. K. Santvan proposed the votes of

Lecture on 'Breaking Gender Stereotype'

Himalayan Study Circle organized a special lecture of Dr. Aansa Bedacec, Member, Tertiary Education Commission of Mauritius. Dr. Aansa Bedacee shared her experiences on gender issues across different countries, where she was involved in taking up problems of women groups. She shared her experiences of tribal women who are subjected to genital mutilation. She talked about women empowerment, polices and laws meant for women in Mauritius. After the lecture, the audiences had an interactive session with the speaker.

New Initiatives

Meeting of the Board of Studies

Meeting of the Board of Studies of IIHS was held in the Institute. Prof. Rajender Chauhan, Director. IIHS, Prof. P.K Ahluwalia, Dean Physical Sciences, Prof. V.K. Mattu, Prof. N. S. Bist, Prof. Suneera Kapoor, Prof. O. P. Chauhan, Prof. Yashwant Gupta, Prof. Shashi Kant Lomesh, Prof. Surender Narta, Dr. V.K Santvan, Dr. Randhir Singh Ranta, Dr. Sanjeev Sharma, Dr. Pankaj Gupta, Dr. Pushpa Thakur, and Dr. Bhawani Singh were present in the meeting. The Director welcomed the members and apprised them with the recent academic initiatives of the Institute. Following groups were involved in designing the course

• MBA (RD): Dr. Randhir Singh Ranta, IIHS, Sh. Vijay Kumar Sharma, IIHS, RO, Dr. Sanjeev Sharma, Dr. Baldev Singh, IIHS, Dr. Lalit Sharma, IIHS, Dr. Pankaj Gupta, IIHS, Dr. Nitin, IIHS & Sh. Kuldeep Singh.

• M. Sc. (Environmental Sciences): Dr. V.K Santvan, Assistant Professor, IIHS, Dr. Pankaj Gupta, Dr. Pushpa Thakur, IIHS, Dr. P.K. Attri, IIHS and Sh. Sunil Jaswal, IIHS, HPU.

- Master of Public Health: Dr. Pankaj Gupta, IIHS, Dr. Randhir Singh Ranta, IIHS, Sh. Vijay Kumar Sharma, IIHS, HPU
- Certificate Course in Counselling: Dr. Randhir Singh Ranta, IIHS, Dr. Pankaj Gupta, IIHS, Sh. Vijay Kumar Sharma, IIHS, HPU The Director also proposed the starting of new courses, for which the following names were approved for designing the Course Curriculum:
- 1) M.A. Archaeology-Dr. Rattan Singh, IIHS
- 2) M.A. in Hindi Journalism-Dr. Bhawani Singh, IIHS 3) M.A in Human Rights and Duties-
- Dr. Sanjeev Kumar, IIHS 4) M.A in Defence and Strategic
- Analysis-Dr. Sanjeev Kumar, IIHS

Launching of New Courses

The Institute launched MBA (Rural Development) and M.Sc (Environmental Sciences) programme from the current academic session. In the year 2012, University Grants Commission has sanctioned grant for starting Masters in Fine Arts (Pahari Miniature Painting) under UGC Innovative programmes. The Institute is running this course in collaboration with Department of Visual Arts, Himachal Pradesh University. Under this program students will study traditional aspects of *Pahari* miniature painting and gain an understanding of the declining art with professional approaches to still life drawing, figure drawing and tactics of miniature painting. Curriculum has been designed keeping in view the practical aspects of fine arts

which will build the creative and technical skills of the learners.

Visiting Faculty

Special Lecture on Psychoethical Anatomy of Values

Prof. Balwant Kumar, retired Principal and a noted writer, philosopher and thinker, delivered a special lecture on "Psycho-ethical Anatomy of Values" to MBA students. Prof. Balwant started his lecture with the valuable observations made by Sigmund Freud on the nature of values, beliefs and religious faith in his book "The future of an Illusion". He further elaborated that many of our spiritual values and religious credos are outside the jurisdiction of reason. They are either irrational or above reason. For a variety of practical reasons we have to behave as if we believed in these non-rational fictions supplied by religion. Man's self is a queer blend of inhibitions, prohibitions and exhibitions. Man's ID constitutes inhibited impulses, his ego represents reasoning and his super-ego, the self-critical area, dictates do's and don'ts, he said. While explaining on the nature of values, he said that values are neither facts nor fictions. A value has been called an emotion or sentiment of approval or disapproval. Students had a pleasant interaction with the speaker, which cleared their doubts.

Special Lecture on Communication Skills

The students of MBA (Rural

Development) were given practical orientation on communication skills so as to impart appropriate knowledge, skills and attitudinal change. The session was conducted by Sh. Rajeev Bansal, Research Officer-cum-Faculty Member, H.P. State Institute of Rural Development, HIPA, Shimla. The students were taught skills of good communication, ways of communication, common nonverbal behaviour and its interpretation. Experiential learning techniques with practical exercise were used to explain how different people have their own perceptions to a common communication. Difference between hearing and listening was elaborated reflecting that listening is hard and one must be efficient in listening. In the final capsule, prescription was given as Seven Actions for Effective Communication.

Special Lectures by Dr. Amitranjan Basu

Individual Counseling and Career Planning

This session was conducted in a presentation-discussion mode and the contents included: What is counseling? – What are counseling skills? - Purpose of these skills -What we should not do in counseling – Benefits of counseling - Career planning framework -Phases of career planning. It was one and a half hour session and the main objective was to make students understand the concepts and make them understand that to learn such skills one needs to go through a long process of supervised skills training.

This session was also conducted in

Emotional Intelligence

a presentation-discussion mode and the content included: What is EI (Emotional Intelligence)?-Understanding the general EI competencies (Emotional Selfawareness, Emotional Awareness of Others, Emotional Expression, Creativity, Resilience/Flexibility/Adaptability, Interpersonal Connections, Constructive Discontent, Outlook/Optimism, Compassion/Empathy, Intuition, Intentionality, Trust radius and Personal Power) – The role of EQ in successful mediation and dispute resolution. This session was of one hour duration and the objective was to make the students understand the concepts and make them aware about their EI skills.

Team Work

This session was conducted in a workshop format for three hours. Objective of the session was to make the students understand team work concepts through presentation-discussion and practice some of the skills through group activities. The presentation included: Concept of Team/Group Work - Group/Team Work Model -Task functions – Group functions – Individual functions – Stages of Group/Team development – How is your team working? (Behavioral checklist) – Barriers to Effective Team-Working.

Faculty Update

Conferences/ Seminars/ Training Programs Attended

• Dr. Baldev Negi attended a National Seminar on "Development and Weaker Sections: Issues and Challenges" and presented paper his paper entitled "Tribal Development in Himachal Pradesh after the introduction of Single Line Administration". The Seminar was organized by Indian Institute of Public Administration (IIPA), New Delhi. He also attended a National Seminar on "Economic Liberalization: Effects and Challenges" and presented paper "Development of Higher Education in Himachal Pradesh: Issues and Concerns". The Seminar was organized by International Centre for Distance Education & Open Learning, Himachal Pradesh University, Shimla.

• Dr. Baldev Negi, attended one week workshop on contemporary trends in social science research, which was organised by International Centre for Distance Education & Open Learning, Himachal Pradesh University, Shimla. He attended two weeks Summer Workshop on "Quantitative Methods in Political Science" organized by Jain University, Bengluru. Dr. Negi also participated in two weeks Short-Term Training Course on "Research *Methods for Policy Research*,

Administrative Research and Training Oriented Research" conducted by Indian Institute of Public Administration, New Delhi.

- Dr. Sanjeev Kumar represented the institute in a conference organized by FICCI at Hotel Holiday Home, Shimla
- Dr. Randhir Singh Ranta participated in two weeks Short-Term Training Course on "Research Methods for Policy Research, Administrative Research and Training Oriented Research" conducted by Indian Institute of Public Administration, New Delhi.

Recent **Publications**

Papers

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